



Announcing Updates to APS COVID-19 Guidelines

The APS COVID-19 protocols have been updated to align with the new COVID-19 guidelines released by the CDC. These guidelines align with our existing protocols for Flu and RSV.

New COVID-19 Guidelines:

If positive for COVID-19, individuals are no longer required to isolate for 5 days. <u>However</u>, they should follow the guidelines listed below.

Individuals may return to normal activities if for at least 24 hours,

- 1. Their symptoms have improved overall, and
- 2. They have not had a fever (without using fever-reducing medication).
- ***Some individuals may need a more extended period of recovery than others.

Individuals should exercise caution for the 5 days after returning to normal activities. This includes practicing proper hygiene, wearing well-fitted masks, and maintaining physical distance, especially around immunocompromised individuals.

**If an individual experiences a fever or worsening of symptoms <u>after</u> resuming normal activities, they should stay home and avoid contact with others until the following two conditions are met:

For at least 24 hours,

- 1. Their symptoms have improved overall, and
- 2. They have not had a fever (without using fever-reducing medication).

Students and staff should continue self-reporting their COVID-19 diagnosis to their school or workplace.

- Staff: http://tinyaps.com/?CovidStaffForm
- Students: http://tinyaps.com/?CovidStudentForm

General Sick Guidelines and Other Reminders:

Individuals who are not feeling well should remain at home. They may return once symptoms improve within 24 hours without fever, vomiting, or diarrhea. Learn more about our APS Sick Guidelines here: https://www.atlantapublicschools.us/Page/68786.

Over-the-counter COVID-19 test kits will remain available for all APS schools throughout the school year. Test kit requests should be made through the School Nurse or the APS Health Services Department. Test kits can be distributed to staff, students, and their families.

Please visit our APS Health Services site for information on when to keep students home from school when ill: https://www.atlantapublicschools.us/Page/68786.